



Thank you for accessing the resources for Kids Branch @ Home. We hope your children enjoyed today's video and that you have some great discussions this week about what it means to trust in God's plans.

Bible Story – Noah's Ark (Genesis 7:6-18, 8:15-22)

Parent Recap: God asked Noah to build an ark. He told Noah that he was going to flood the whole world, and he wanted to save Noah's family. Noah had never seen a flood like this, but he obeyed God because he trusted God's plan.

Main Point: Kids will learn that having faith means trusting God's plans.

Discussion Questions

- If you needed help, what one superhero would you want to make a plan to help you?
- Why did God tell Noah to build an ark?
- Who went on the ark with Noah?
- What happened when Noah and his family were on the ark?
- Why did Noah follow God's plan? Do you think it was easy for Noah to stick with the plan?
- Why do we need to follow God's plan for our lives?

Trust Activities

#1 – Maze

- Set up a small obstacle course in the living room (like a maze with pillows and other soft objects).
- Blindfold one child at a time and guide him or her through the maze. You can hold the child's hand or by using your voice or both.
- If you don't want to do the maze, then make it simpler. Blindfold the child and give them a cup. Guide them to the table where they can safely place the cup on top of it.

#2 – Trust Falls

- Have your child stand about 2 feet from you. Face the same direction.
 - Encourage the child to keep their feet planted and fall backwards.
 - Catch the child by their armpits.
 - The first few times the child will probably want to step back to "catch" themselves, but the point is to trust that the person behind them will catch them and keep them from falling.
- Debrief
- Ask your child how they felt when doing the trust activities.
 - Talk about how Noah must have felt trusting God.

Talk About it Throughout the Week

- Talk about the plans that your family has this week.
- Is there anything strange or unusual happening? Who makes those plans?
- Talk about what it feels like when others make plans for you that you must follow.
- Talk about what might happen if you don't follow those plans.
- Talk about why it is a good idea to follow God's plans for our lives.

Pray Together

Ask God to give your child and your family faith to listen to God and trust in his plans.

Memorize a Bible Verse

"Lord of heaven's armies, happy are the people who trust you!" (Psalm 84:12 ICB)