



LOW-ENERGY GAME

[10 min]

You Can Take It With You

Supplies

- upbeat music (optional)
- music player (optional)

Tip

- If you used the Music Video block, consider repeating the songs from today's lesson during the game. You can find the downloadable album [here](#).

Choose Items to Take on Adventures

Say: **Today we're exploring how God is our provider. Let's see what a quick game that lets us provide for ourselves might show us about why we need God to provide for us.**

- Stand against one wall, and have kids form a single-file line facing you.
- Explain that you'll mention an item kids can choose to pack as they go on an adventure. They can take it—or not. If they want to take the item, they'll take a giant step to the right. Don't want to take it? A giant step to the left. Tell kids that only *after* they make a choice will you reveal the adventure.
- The goal is to take only what they need—but they won't know if they were right until you reveal the adventure.
- After you reveal each adventure, kids will re-form the single-file line.
- If you'd like, play upbeat music as kids play.
- Adventures you might present could include the following:
 - A box of matches...to carry while walking on red-hot coals.
 - A roll of toilet paper...to go sky-diving.
 - A can opener...to take to a spelling bee competition.
 - A worm...to go fishing.
 - A scuba mask...to go scuba diving.
 - A fishing pole...to go mountain climbing.
 - A hula-hoop...to go sailing.
 - A dozen eggs...to go stand-up paddle boarding.
 - A sleeping bag...to go snow skiing.
 - Ice skates...to jump on a trampoline.
 - A life jacket...to go tubing on a river.
 - A kitten...to go dog-sledding.
- When the game is over, have kids sit.

Talk About It

Say: Some of us prepared wisely for our adventures, but some of us packed stuff we'd never need.

Ask: • What, if anything, helped you know which items to pack and which to leave behind?

- What did you decide to take that you really didn't need?
- Quickly tell a neighbor about a time you didn't have what you needed.

Maybe you forgot to put your school lunch in your backpack or you left a homework assignment behind. What happened, and how did it turn out?

Say: We don't always know what we need. But because God is our provider, we can be sure we always have what we need most: God's love and presence!

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