



Supplies

- Bible
- “Comforting Things” handout (1 copy) (download [here](#))
- painter’s tape

Easy Prep

- Use tape to hang each page of the “Comforting Things” handout in a different part of the room.

Talk About God’s Presence

Say: **Today we’re learning that God is always with us. God is with us when we’re happy, when we’re sad, and even when we’re scared.**

Share about a time *you* were scared, such as when driving on an icy road, when you had to give a big presentation, or when you got lost in a strange city.

Ask: • **Tell about a time *you* were scared.** Kids may share about having to sleep in their grandpa’s basement, getting lost in a store, or when they first came to church.

Say: **When we’re scared, we all have things that help us feel better. Let’s think about those things with a game.**

Choose Comforting Things

Gather kids in the center of your space, and point out the pictures of the nightlight, teddy bear, and caring adult hanging around the room.

Ask: • **When you’re in your room at night and it’s really dark, what helps you feel better—a nightlight, a teddy bear, or a loving grown-up?** Encourage kids to crawl to the picture that matches their choice.

Say: **All of those things can help us feel better in the dark. God is always with us, even in the dark. He can help us feel better, too.** Lead kids to hop back to the center of the room.

Ask: • **If you wake up in the middle of the night after a bad dream, what’s most comforting to you—a nightlight, a teddy bear, or a loving grown-up?** Have kids tiptoe to the picture of their choice.

Say: **Those things can comfort us when we have a bad dream. God can comfort us when we have a scary dream, too, because God is always with us.** Lead kids to dance back to the center of the room.

Ask: • **When there's a storm outside, and it's really loud, what do you want the most—a nightlight, a teddy bear, or a loving grown-up?** Have kids run to one of the pictures.

Say: **In a big, scary storm, those things can help us feel better. Knowing God is always with us can help us feel better, too.** Encourage kids to take giant steps back to the center of the room.

Say: **There are lots of things that make us scared or sad. Sometimes we have something like a teddy bear or a loving person to help us feel better. But even if we don't have any of those other things, God is always with us. Listen to what the Bible promises!** Read aloud Joshua 1:9.

Say: **God loves us and is always with us. He can help us when we're scared or sad.** Lead kids to pray and thank God that he's always with them.

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