



Feeling Kind

Supplies

- scrap pieces of various soft-textured fabrics, such as felt, velvet, fleece, lace, silk (or silky ribbon), tulle, cotton, flannel, faux fur, and terry cloth towels
- scrap pieces of various abrasive textures, such as sandpaper, scouring pads, wool, burlap, paper bags, and either side of Velcro

Tip

- If you have a storage area for craft supplies, you'll likely find many textures you can use in what you already have, so look there first.

Feel Textures to See Which Are Comforting

Say: **Today we're learning that God is kind. God shows us kindness in a lot of different ways. God's kindness can comfort us in just the way we need it, like God showed kindness and comforted Hagar and Ishmael by giving them water they needed. Let's see how different things can comfort us.**

- Form leader-led groups, and give each group a mix of a few soft fabrics and a few pieces of more abrasive textures.
- Allow time for each person in each group to feel and examine each piece.
- Have leaders help their groups lay the pieces in order from most comforting to least. To help kids decide, leaders could ask kids which fabric they'd want to have a whole blanket of so they could wrap up in it.
- As kids vote for the most comforting fabrics, have leaders invite preschoolers to share with the group why certain fabrics feel comforting to them.

Talk About It

Ask: • **What do the comforting fabrics you picked feel like?**

Say: **Maybe a couple of people chose a silky cloth and some others chose something soft and fuzzy. We're all different, so our choice of what feels most comforting could be different from someone else's. God might show kindness to each of us in a different way. One person might want a hug when he's sick, and another might want a doctor's help. God is kind in the way we need it.**